



New Member Highlight: Shellie B.



How did you hear about Circle City Clubhouse?

Adult & Child ATL

What made you want to come to Circle City Clubhouse?

I wanted to meet new friends that I could relate to.

What is one thing you want to work on?

I would like to start on my online ED.

New Tablets!



A grant from the Hoover Family Foundation donated 25 new tablets along with six months of data! One member who received a tablet from the Clubhouse said that they loved their new tablet, and could access all the meetings that they wanted to participate in. The member also said that not only can they access Clubhouse meetings but they could do anything they wanted with their tablet. "It truly is a blessing" they said.

Since the tablets are limited, only those who cannot link with Circle City Clubhouse on their phones or computers will qualify for a tablet. Also, you must be actively participating at the Clubhouse to qualify. If you have any questions, you can contact your Clubhouse at (317) 260-8058.

Peppermint Oreo Balls

Peppermint Oreo Balls are crushed Oreo cookies and cream cheese dipped in sweet chocolate then rolled in crushed peppermint candies. They are a PERFECT no-bake sweet treat to serve or gift this holiday season!

Prep time: 15 minutes

Freezing time: 20 minutes

Total time: 15 minutes

Ingredients

- 36 Oreos
- 8 ounces cream cheese
- 16 ounces white chocolate melting wafers
- 1/2 teaspoon peppermint extract]
- 48 crushed peppermint candies



Instructions

Place the cream cheese and Oreo in a food processor (or blend them with a mixer) until combined. Scoop small parts of the mixture and roll into 48 1-inch balls. Place the balls on a cookie sheet lined with parchment paper. Freeze for 20 minutes, or until hardened.

Melt the semisweet chocolate with peppermint extract in the microwave at 30 second increments, stirring between each one.

Once melted, dip each ball in it with a fork, scraping the bottom. Roll in peppermint candies and put the ball on the parchment paper, so the chocolate can harden.

WANA

On November 10, 2020, we had our third annual We Are Not Alone (WANA) fundraising event on Zoom! The potential donors who came to the Zoom meeting had an opportunity to learn about the history of Clubhouse International and how Circle City Clubhouse came into existence. The effects of mental health in the community worldwide and in the Indianapolis community were also discussed. Kristian Aleixo, an author and race car driver talked about his own personal struggles with mental health and how he overcame them. He also discussed the importance of Circle City Clubhouse and how it benefits its members. But perhaps the most influential discussion was the two Circle City Clubhouse members talking about their own personal struggles with severe mental illness and how the Clubhouse plays a big role in their own overall mental health recovery. Questions were asked and donations were made. Overall the WANA fundraising event was a huge success!

Thanksgiving Review

Even though we couldn't be together in person, Clubhouse members and staff were able to connect and be thankful for the support of our community.

We were able to deliver meals to members and Evan and Lyndsey enjoyed visiting Tim O., Sevella P., Jennie I., and Christina C. on Zoom.



Holiday Update

We have discussed this holiday season during program meeting. We discussed serving chili for our Christmas meal. Along with the chili there will be corn-bread, fruit cup, and chili toppings on the side. We will also be giving out goody bags as apart of mobile outreach this month. On the day of Christmas we will have Zoom activities that includes; caroling, watching a holiday movie, and con-



Happy New Year!

On January 1, 2021 we will be celebrating the New Year! We will have Zoom activities from 11am-3pm, including a toast at noon. We hope you have a good year!



Bingo Winner

Tim O.

Congratulations to Tim O., our Bingo winner. Tim won a \$50 Wal-Mart card for participating in Bingo on Tuesday, November 17. Bingo cards started going out with mobile outreach snack packs. If you have not received a Bingo card and would like to participate, please let us know by calling (317)260-8058. Bingo is being completed by Zoom.



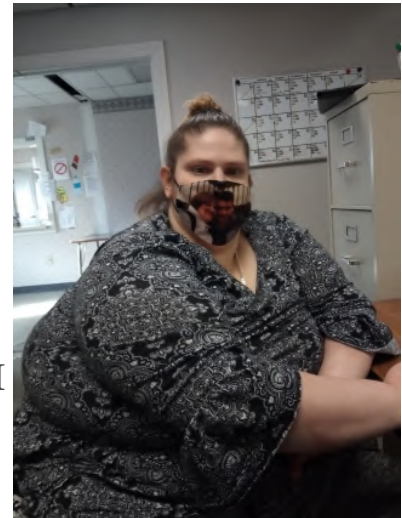
Letter to the Clubhouse

Dear Circle City Clubhouse Family

Hello! How are you guys there at the Clubhouse? I am doing fine. I am moving on with my life and I am happy. Thank you for all the love and support. I miss you guys . I will come and see you guys soon.

Love,

Christina C.



1	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday
		1	9:15 am Morning Meeting 1:15pm Afternoon Meeting 1:45 pm Employment / Education Meeting	2	DECEMBER 2020 9:15 am Morning Meeting 1:30pm House Meeting	3	9:15 am Morning Meeting 11:00 am Speaker's Bureau 12:30 pm Meal Planning 1:15pm Daily Meeting 5:00-7:00 pm Movie Night	4	9:15 am Morning Meeting 1:15pm Daily Meeting	5	Closed	6	Closed
7	9:15 am Morning Meeting 1:15 pm Afternoon Meeting 2:00 pm Program Meeting	8	9:15 am Morning Meeting 1:15pm Afternoon Meeting 1:45 pm Employment / Education Meeting	9	9:15 am Morning Meeting 1:30pm House Meeting 5:00pm-7:00 pm Music/ Hang Out Night	10	9:15 am Morning Meeting 11:00 am Speaker's Bureau 12:30 pm Meal Planning 1:15pm Daily Meeting	11	9:15 am Morning Meeting 1:15pm Daily Meeting	12	Closed	13	Closed
14	9:15 am Morning Meeting 1:15 pm Afternoon Meeting 2:00 pm Program Meeting	15	9:15 am Morning Meeting 1:15pm Afternoon Meeting 1:45 pm Employment / Education Meeting 5:00pm-7:00pm Bingo	16	9:15 am Morning Meeting 1:30pm House Meeting	17	9:15 am Morning Meeting 11:00 am Speaker's Bureau 12:30 pm Meal Planning 1:15pm Daily Meeting	18	9:15 am Morning Meeting 1:15pm Daily Meeting	19	Closed	20	Closed
21	9:15 am Morning Meeting 1:15 pm Afternoon Meeting 2:00 pm Program Meeting Last day to request delivery of chill	22	9:15 am Morning Meeting 1:15pm Afternoon Meeting 1:45 pm Employment / Education Meeting	23	9:15 am Morning Meeting 1:30pm House Meeting	24	9:15 am Morning Meeting 11:00 am Speaker's Bureau 12:30 pm Meal Planning 1:15pm Daily Meeting	25	Christmas w/ Marissa & Trenda 11am-3pm	26	Closed	27	Closed
28	9:15 am Morning Meeting 1:15 pm Afternoon Meeting 2:00 pm Program	29	9:15 am Morning Meeting 1:15pm Afternoon Meeting 1:45 pm Employment / Education Meeting	30	9:15 am Morning Meeting 1:30pm House Meeting	31	9:15 am Morning Meeting 11:00 am Speaker's Bureau 12:30 pm Meal Planning 1:15pm Daily Meeting	1	New Year's Day w/ Jay & Pat 11am-3pm		Closed		Closed