

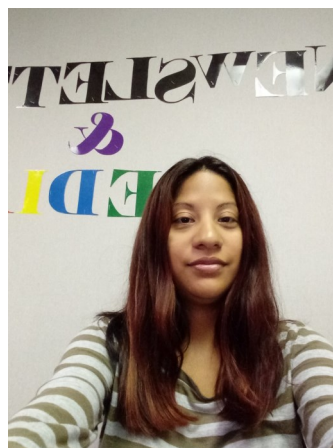
Highlight Jodi



Before I came to the Club House I was Isolated in my room, I didn't want to do anything. My mentor from Meridian service recommended me to the Club House. The Club House helped me learn how to count money, run the register, and a lot more things that I need to know. I would recommend the Club House to my friends and family . Also, I like how everyone is warm and welcoming. Things that I like are: football, basketball, and mudding.

New staff : Julie

Hello everyone, I'm Julie, I recently started working at Circle City Club House and I'm glad I did. I always wanted to work in the mental health field. Upon my job search I came across an interesting post about working alongside with members of the community who have mental health conditions at CCCH. I never knew such a thing existed. I also read about the work ordered day and how it helps member's mental health. For example, the work ordered day empowers members to use their skills, talents and abilities to get things done. I decided I wanted to be a part of this empowerment and positive work environment.



Since I started, I have noticed many members take on strong leadership roles at the clubhouse. I'm impressed on how members help take responsibility for daily jobs of their choosing and just how much gets done every day. Members have taught me a great deal in many different areas of the club house already.

Therefore, I want to say thank you to all members for helping me learn about the club house and teaching me something new every day. I also appreciate the warm welcome. I'm thankful to be here.

1st Dinner for Employment + Education



It all started at 2PM Evan and Nathan, they put the Meat Loaf in the oven at 300 dg. And then they put the potatoes into a pan to heat them up along with the string beans into another pan to get them heated also. People started coming in at 4:43PM and at 5PM Evan welcome them all to the 1st E&E Dinner and



then they all got in line to get there food and it turned out Great, we all were talking about our Jobs and everything else, it was a Great night in all, the guests said that it was a Great night and the food was very good and like talking with the other guests and then they said there good nights. Thanks to Evan, John B, Nathan.



Accreditation

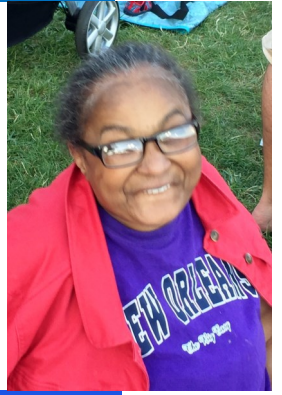


The people from the accreditation showed up and they were enthused by the fact that we had chickens. They were charming and we enjoyed meeting them. We had positive feedback but also we needed help with TE positions . The accreditation group said we needed more colors on the wall and we have a few ideas about that. Some magenta colors where the unit meeting is and in the kitchen a blend of colors. We need use of space and we need posters on the wall. The people think that we did a good job and we think they were charming and we were more then welcoming. It went successful. In two more months we get the official decision.

Report given by Meggan

Free Coffee

We would like to thank Cynthia Clayton's family for a generous donation, which allows us to serve coffee for free. Cynthia "Tiny Tot" Clayton was a huge part of our clubhouse community and we all miss her very much! She was always upbeat when she was around the clubhouse and she was very good with the coffee that she liked to drink a lot when she made it with lots of creamers and sugar that probably tasted great when she drank it as well.



Meet Me At Clubhouse

This is our second year doing Meet Me at the Clubhouse and we want to ask you to come to see what we do at the Clubhouse. Feel free to bring friends or family with you. We will only take up one hour of your time. I hope we see you at the Clubhouse soon! Here are the upcoming dates through August 2019:

August 14th: 12:00-1:00 PM

August 28th: 4:00-5:00 PM

September 11th: 8:00 - 9:00 AM

September 25th: 4:00 - 5:00 PM



Blues Concert



We left the Clubhouse about 5PM, John B., Erica, Daniel, Nathan, Evan, Dave S., Jodi W., And we went to McDonalds and had supper and then left for the concert.

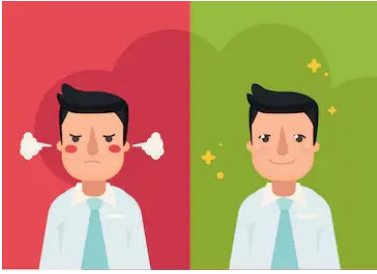
When we got there I thought we were going to have to sit on the grass but I was wrong there were seat's to sit down on, the band started right at 7PM and right from the get go this band was very good and they were great when they did a blue's rock song I would love to see them again. We all loved the concert. John B.

She loved the band and all the songs they played. Erika He liked the band and liked the songs they played. Nathan had a great time listening to Blues music for free at Garfield Park. The weather held up and the band really kept my attention. Hopefully we go back in the future! -Evan



The Clubhouse's Perverse Rewards System

-George F., Clubhouse member



As the Clubhouse is a “work-oriented” program of mental health recovery that is deliberately without any incentives or rewards for work initiatives or performance, this is all to the good because it puts all Clubhouse members on an equal footing, doesn’t result in invidious distinctions between “poor,” “adequate,” “good” and “better” among members, right? Wrong! What it does in practice is ensure that the Clubhouse members will stay at the same level of mediocrity and low-functioning inadequacy, with no incentive to invest the time and effort required to make themselves higher-functioning and more recovered. It discourages effort, a sense of accomplishment that will be positively noted and rewarded, and continue to do what it does so “well” in practice, drive higher-functioning, more recovered Clubhouse members out of participation in the Clubhouse. When the operating model of the Clubhouse is, “We’re all equal here, which is to say, we’re all mediocre or below here,” the choice for those members who positively succeed at recovery is—submit to the regimen of mediocrity or worse, or just walk away from the Clubhouse, often in frustration, chagrin, and anger at the utter lack of any real fellowship of mental health consumers the Clubhouse is alleged to be all about!

Further, all the work offered at the Clubhouse is menial, mindless, and essentially no skill required—toilet cleaning, vacuuming, peeling potatoes, and other such. Even the grotesquely misnamed “clerical” and “demographic” tasks are nothing more than copying entries from one piece of paper to another. Hence, no way to develop higher job skills that could aid in acquiring gainful employment; all Clubhouse work is done for free, which saves the Clubhouse oodles of money it would otherwise have to spend on janitorial and maintenance—hence, unpaid, or slave, labor!

As for the grotesquely-misnamed “demographics,” all it consists of is members’ names and addresses. No e-mail addresses, no phone numbers, no data on members’ age, education, work skills and history (or lack thereof), or of annual income—information that would be extremely useful, indeed, vital, in developing programs that address the needs and abilities of all Clubhouse members. Not just those stuck at the bottom, which is all the Clubhouse really serves now.

This means, for Clubhouse laborers, “Once a toilet cleaner, always a toilet cleaner; once a vacuum cleaner operator, always a vacuum cleaner operator; once a potato peeler, always a potato peeler, and so on.” Thus, does the Clubhouse “work-oriented” program become a disincentive to improve one’s functioning, and aid one’s own mental health recovery. Its perverse lack of rewards and incentives effectively discourages effort to improve and recover within the Clubhouse framework. Which is why so many of those listed as “active” Clubhouse members become de facto inactive, simply drop out, stop attending. And this is, numerically, a large problem: of the officially-listed roster of “active” Clubhouse members, who comprise 90-150 persons according to Clubhouse sources themselves, the Clubhouse considers it an “achievement” when only 25 or even fewer of these “active” members come physically to the Clubhouse. My guess is that’s so because there is so little to do at the Clubhouse, especially for those in medium to high mental health recovery—who likely have far more rewarding school and work obligations to attend to (most Clubhouse attendees that I’ve noticed have nothing else to do other than come to the Clubhouse). [Continued page 5]

That, needless to say, makes coming to the Clubhouse and doing strictly menial work, or just lounging around in an environment where the members in attendance don't even talk to each other, or only reluctantly talk to each other, but invariably just stare vacantly at the walls, an utter waste of one's time. Which is why, for many Clubhouse members, mental health recovery requires leaving the confines of the Clubhouse—physically, psychologically, in terms of work and aspiration, and in desire to do something positive with one's life.



Families First

Sara Blume will be discussing Sexual Assault and Awareness Training during one of our House Meetings, Wednesday, August 21, 2019 between 1:30 to 3:00 p.m. that day. We would like to encourage every member to attend. It will be both informative and open our understanding to what merits sexual assault and what we can do to prevent it in the Clubhouse community. Bring your questions, ideas, and concerns. Look forward to seeing you there!



Editor's Response to Opinion Piece

—The Clubhouse has helped me work on advocacy.

The Clubhouse gives me something to do and the Clubhouse helps people get back to our lives. It helps people get out of the house and not be isolated. The people get a choice to be at the Clubhouse or not.

—I believe that although some people have issues. The Clubhouse model is designed to help those who **ACTUALLY** want to be helped. Clubhouse cannot help those who do not **WANT** to change. If we feel that Clubhouse is not helping us, then maybe we should let ourselves be helped. Personally, the Clubhouse means everything to me and has helped me to not feel so alone and depressed because I have nothing to do. – anonymous



Clubhouse International

Creating Community: Changing the World of Mental Health

Standard #1 says that “Membership is voluntary and without limits”

Standard #3 says that “Members choose the way they utilize the Clubhouse, and the staff with whom they work. There are no agreements, contracts, schedules, or rules intended to enforce participation of members.”

Standard #4 says: “All members have equal access to every Clubhouse opportunity with no differentiation based on level of functioning.”

Standard #23 says “ The Clubhouse offers its own Supported and Independent Employment Programs to assist members to secure, sustain, and better their employment. As a defining characteristic of Clubhouse Supported Employment, the Clubhouse maintains a relationship with the working member and the employer. Members and Staff in the partnership determine the type, frequency, and location of desired supports

Dear Clubhouse

I am writing this because I feel that my recent actions at the Clubhouse may have come across as inappropriate and/or offensive. I would like to apologize for these actions and assure you that I will do my absolute best to control these behaviors in the future.

I hope that my past actions will not affect our future relationships and how you see me as a person. Sometimes I say things that come across differently than what I actually meant to communicate.

Don't get me wrong I am not trying to use my mental illness as an excuse. It is not an excuse for my behavior -Austin



Come out for an evening of family fun at Hickory Hall Polo Club.



Come out for an evening of family fun at Hickory Hall Polo Club. Relax and unwind while you watch Indiana's finest ponies and players compete, and then stomp the divots between periods. Bring your family and friends out for music, a wine-pull, silent auction, live auction and other fun

activities to help raise money and awareness about Craine House and Circle City Clubhouse. Drive in by the carload for general admission, \$20 (bring your own lawn chairs or blankets) or purchase a VIP ticket, \$250 for a reserved space, barn tour, and a selection of drinks and snacks for you and your carload. Corporate sponsorships are available for \$500, you get 10 admissions, reserved space, recognition at the event and barn tour for all your guests.

Limited food and drinks will be available for purchase, or you can bring your own cooler or picnic basket as tailgating is encouraged. General Admission: \$20.00 per vehicle (Purchase at the gate or through Eventbrite with a fee) VIP: \$250.00 (includes admission for your carload) reserved space, selection of food and beverages (8 tickets per carload) and a barn tour. Corporate: \$500 (includes admission for 10 people) reserved space, a barn tour and recognition at the event.

Purchase through Eventbrite.