

Member Spotlight:



Aaron P.- Hi! Before coming to Clubhouse, I was homeless for 5 years and 2 years before that, I was just figuring out what to do with my life. I found out about Clubhouse through my Case manager from Adult and Child referred me. Overall, I think the Clubhouse is good. I like to read books, watch anime and go hiking, I like to socialize and do activities through out the day.

China Buffet

On Thursday, May 9, 2019 some members went to the China Buffet as a social rec. Here are what some members had to say about the trip:

Daniel V.—It was okay.

Aaron P.—It was good, especially the egg rolls.

Althea U.—It was okay.

John J.—We had a good time together.

Evan H.—The food was delicious. It was the best China Buffet I'd ever been to!



Celebrating Education

Some of our members have achieved or are pursuing educational goals. We are aware of some of your accomplishments and goals that others of you are working toward. We would love to hear more about any of our members who are currently in school, taking classes or in any way participating in learning opportunities. We also would appreciate updates from our members who have already accomplished an educational goal and/or would like to be added to our education board. Your Clubhouse wants to extend a

Name:	School/Program:	Graduation Date:
Hans William	Vincennes Univ.	2022
Lance W.	Ball State - Animation	2021
Jason R.	Learner's Permit	PASSED!!
Timothy O.	LEARNER'S permit	T.B.D.
ERIKA R	LEARNER'S Permit	PASSED!!
Ishmill Woods	IUPUI	Passed
Tonya E. Wood	Chef passed!	Graduated!
Kirk Sterrett	Masters (Information Systems)	T.B.D!!!
Hagosa Teklay	St. Monica Reading/Writing English	T.B.D.
George fish	U - Bloomington	May 1977 - B.A., Eco
George Fish	IUPUI Cont. Ed., Paralegal	May 1992 Certificate in Paralegal
Jeffrey F. Garid	Vincennes U/IUPUI	May 1993 / Vincennes U
Sabrina Lanier	Diploma	May 2019
Taryn Rice	Diploma	
Lashina Madlock	Ivy Tech BA	May 2021

hearty congratulations to all of our scholars and grads! Way to Go! Feel free to call or write us back with your scholastic updates if possible!

Interview with Calvin, Jim C., Langdon, John J., Althea By Calvin S.

Calvin: My favorite pop rock artist is AC/DC

Langdon: My favorite singer is Prince, Michael Jackson, Elton John, Duran Duran.

Jim C.: My favorite band is Blood, Sweat & Tears, also I really like Al Stewart (Year of the Cat).

JOHN J.: His favorite band is Lonestar.

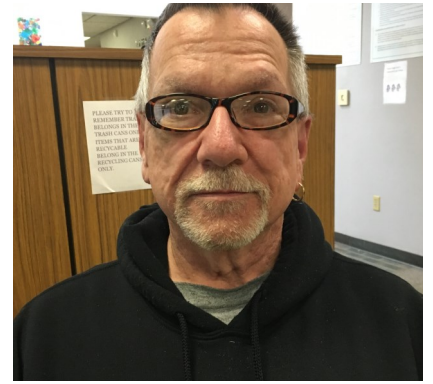
Althea: I love Mariah Carey. She is my favorite.

The Grand Prix by Jim C.

My name is Jim C. I gave my Grand Prix Tickets to David S. and Jim R. Simon Pagenaud won the Grand Prix. Scott Dixon raced to second place. Jack Harvey got third. David and Jim had a good time despite the rain.

WITT 91.9 FM Radio

Jay and I went to the Radio Station WITT on Tuesday, May 7, 2019. Jay and I were told about some of the questions that they would be asking us about the Clubhouse. Jay answered the questions about the Clubhouse and what it means to bring those with severe mental illness together where



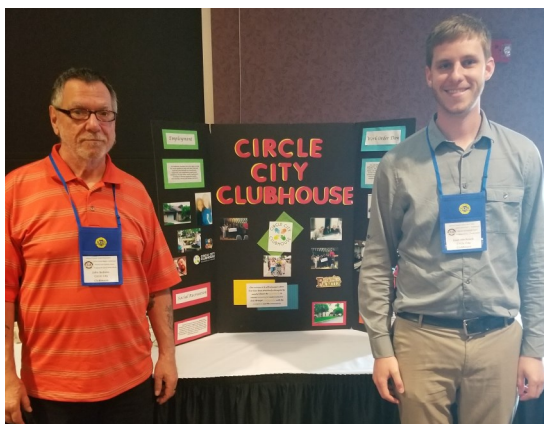
there are no stigmas and where they could feel needed and valued. The history was also discussed, as well as the TE employments and how it helps people get back in the community and how to earn their own income. After Jay answered questions about the history of the Clubhouse and the TE program, then it was my turn. I talked about being a member at the Clubhouse and how great it is. I also talked about how the Clubhouse has truly changed my life. The radio broadcast aired on Wednesday, May 15, 2019.

- John B.

ICJA Regional Meeting: Fort Harrison State Park

By: John B.

Evan and I went to this meeting. Evan picked me up, and we drove to the State Park. When we got there we checked, got our name tags, walked our table, set up our board, and set out flyers and cards. The first speaker was the greatest out of all the other speakers. It started right on time. When we had a small break a lot of people came up to our table. Evan and I answered all their ques-



tions and they took our pamphlets and cards. After that, it was time to eat lunch buffet. It was great food. Evan and I pigged out, and then they brought out warm cookies. After that, it was time for the rest of the meeting. The rest of the speakers were boring. Most of the other tables packed up and went home, but Evan and I kept ours up until the end.

Why Can't the Clubhouse Do These?

By: George Fish



Op Ed.

I've suggested these special commemorations of achieving Clubhouse members notably to both Jay Brubaker and Lindsay Brock, the Executive Director and Assistant Executive Director of the Clubhouse respectively, only to get truly evasive non-replies (though at length) from both. But I think the real reason why the Clubhouse "can't do" these things is the Clubhouse's perverse rewards system that recognizes no achievement from any member whatsoever, lest the "equality of mediocrity and worse" that prevails in the Clubhouse be "violated." That, I submit, is a lousy reason.

So I'll state them again. Let the Clubhouse have official Recognition Days, with appropriate activities on each of these days, to honor those Clubhouse members who've achieved in these outstanding ways:

By earning an Associate's degree or higher in post-secondary education. It's anything but easy to earn an advanced degree while also fighting mental illness; and even if one earned one's degree before one became mentally ill, the devastation of mental illness can do so much to scotch one's ability to use one's advanced education.

By going back to school and earning one's high school diploma or G.E.D. while a Clubhouse member. This is powerful, and shows gumption.

By enrolling or re-enrolling in any school while a Clubhouse member, even if one hasn't graduated yet. Again, this is powerful, and shows gumption.

By being gainfully employed for at least six continuous months to the present at one's job, and in no danger of being fired for incompetence or malfeasance. Once again, this is powerful, and shows determination as well as gumption.

Also, the Clubhouse could have public Open Mic nights where Clubhouse members could bring friends, work colleagues and family members, as well as also being open to the general public. Many mental health consumers are talented in various ways—they sing or play musical instruments, write poetry or prose, do stand-up comedy, or do other entertaining things. Those Clubhouse members who want to perform or recite could so "strut their stuff" before a live audience. Clubhouse members who don't want to perform or recite, or don't feel they have the ability to do so, could attend as appreciative listeners. This would also edify Clubhouse members' friends, colleagues and family that being a mental health consumer does not mean one is unaccomplished, incapable of being anything but a resident of the disability ghetto. Thus, such Open Mics would be an important palliative against mental health bigotry. Clubhouse members would get in free, of course, while others would be charged a small fee.

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Meet Me At Clubhouse

This is our second year doing Meet Me at the Clubhouse and we want to ask you to come to see what we do at the Clubhouse. Feel free to bring friends or family with you. We will only take up one hour of your time. I hope we see you at the Clubhouse soon! Here are the upcoming dates through August 2019:

June 12th: 12:00-1:00 PM

June 26th: 4:00-5:00 PM

July 10th: 8:00-9:00 AM

July 24th: 4:00-5:00 PM

August 14th: 12:00-1:00 PM

August 28th: 4:00-5:00 PM



A nice real life crime fighting story and how I met my Mayor friend Greg Ballard

By: Timothy O.



I was walking down the street during the St Patrick's day parade about 7 years ago. The radio station was there. I think it was WIBC. They announced that Mayor Gregg Ballard was here. I turned around and met Mayor Ballard. I shook his hand and said, "Hello Ballard, I didn't vote for you because I didn't know who you were!" He looked at me and said, "You now have your chance!" "I enthusiastically said you have my vote!" I want more police officers in my neighborhood, my hometown of Broad Rip-

ple Ave. I was uncomfortable with the crime incidents in Broad Ripple. Just voting for him was not enough for me. I prayed about and I felt that G-d wanted me to work on his campaign, so I did. I worked on the phone banks and ran around encouraging people to vote for Mayor Ballard. I even put a sign in my front window since I lived in an apartment at the time. I got know Mayor Ballard rather well as we met at rally's and stuff. I was even invited to my first Inauguration and went. After misplacing my Indiana Jones hat, I had a panic attack. I was put in a closed circuit tv room. Oh well, it was still a joy. Later, I took advantage of those police officers in Broad ripple. When my life was threatened with huge rocks by two guys, I quickly moved around the corner and commanded the police to show up. I earned the nick name Captain Cowboy Tim Bob by my uncle as I broke up a gang of bad kids in Broad Ripple. I help get an army of people to vote again for Ballard. I met Officer O'Connor of the Indianapolis police Department and Officer Grit during that increment in BR. It has been fun getting to know my Northeast District officers. I know and feel safer in my neighborhood. I earned the respect from the officers and Indianapolis Government as a good honorable law obeying citizen!

Mobile Outreach

We went out to outreach. The first member that we visited was Cynthia, then we visited Rachel. They showed us where they lived. The apartment was nice and



they had a dog in the other



apartment!!!! Then we went to another place and Lyndsey stubbed her toe. Then it was time for everyone to go home!!!!!! And I was tired when I came home. I almost fell asleep as soon as I got in.

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We have many talented Clubhouse members who do things that deserve recognition. For example, Sevela is an artist who thinks her paintings are good enough to sell. Why not display her paintings (with her permission, of course) at the Clubhouse for others, both staff and members as well as the general public, to see? And do the same for others.

The Clubhouse should also host public forums on mental health issues, with both Clubhouse members speaking of their mental health experiences, as well as outside speakers. Again, Clubhouse members would get in free, while a small charge would be requested of others. The Clubhouse does have a Public Speakers bureau, but it is woefully limited to Clubhouse members every great now and then speaking only of the Clubhouse, with sparse invitations to speak on such indeed. But surely Clubhouse members are able to speak knowledgeably beyond this narrow, arbitrarily limited, topic! For example, I could give a presentation, "Victim of Psychiatry: My 47 Years in the University Clinic/CMHC Wasteland." I have other suggestions as well. The Clubhouse could advertise all these events on Facebook, and also lean on Clubhouse sponsors NAMI and Adult and Child CMHC to publicize these events as well, which they should indeed be doing. Certainly, mental health professionals should be coming to these forums. They could also provide panel participants at such forums to give feedback. The Clubhouse's relationship with NAMI, Adult and Child, is too much a one-way street.

The Clubhouse has a good physical facility, and also, the Clubhouse is too little known to the public, to mental health professionals, and to mental health consumers in the community. Public activities would give the Clubhouse valuable publicity and visibility.

I say, "There's no reason why all these things can't be done!"