

NEWSLETTER

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.Circle City Clubhouse - George Floyd Statement

We at Circle City Clubhouse, as part of the worldwide Clubhouse community, stand with Clubhouse International in expressing our outrage at the killing of George Floyd and our rejection of systemic racism.

At Circle City Clubhouse, we believe that all people have value and need a space where they are welcomed and needed. We strive to be a safe space and community for all people recovering from mental illnesses regardless of their race, gender, ethnicity, religion, national origin, sexual or gender identity, or disability. The killing of George Floyd is one of many examples of how our society devalues people who are marginalized, and we recognize that Black Americans in particular have long been unjustly killed and mistreated without consequence.

Circle City Clubhouse is committed to being a community that stands against racism and discrimination in all of its forms, that advocates for justice for those who are disempow-

Memorial Day Outing

• What a beautiful day it was! Circle City Clubhouse hosted a gathering at War Memorial Park downtown in celebration of Memorial Day. The location had great meaning in relation to the national holiday. We enjoyed playing frisbee and laughing



about how the frisbee didn't go exactly where we intended! Tim

O'Donnell graced us with his guitar and a few very awesome songs he created. It was a very hot day, so we also sat
under trees in the shade as we had great conversation. Overall, the gathering went well!

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Clubhouse Reopening

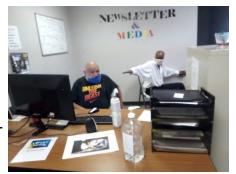


Starting on Monday, June 8th, Circle City Clubhouse began reopening its building and work-ordered day program for our full normal hours, 8:30 a.m. – 5:00 p.m. Monday through Friday. In an effort to maintain the safety of our members, Circle City Clubhouse is initially limiting attendance to 10 members per day, and we will ask members to call Clubhouse ahead of time at 317-260-8058 to sign up for which days they want to come in. For the time being, we are not providing transportation in

Clubhouse vans and will ask members to arrange for Medicaid transportation through Southeast Trans or to otherwise obtain transportation to and from Clubhouse.

We have re-organized our Clubhouse to encourage members to keep a six foot distance from each other, and will be taking the following precautions. All members, staff, and visitors will be screened for symptoms of COVID-19 and have their temperatures taken when they arrive at Clubhouse. We are asking that people remain at home if they have any Covid -19 symptoms, and will ask individuals to leave if they arrive at Clubhouse with a fever or active symptoms. We are also requiring members, staff, and visitors to wear masks at all

times while they are in the Clubhouse, maintain a distance of six feet from other individuals, and follow good personal hygiene (such as washing hands with soap for 20 seconds). To stay connected with people who may not be able to attend in person, members will be able to call in or connect to all Clubhouse meetings via Zoom. The meeting information is posted on the Circle City Clubhouse Facebook page, or members can get the information by calling Clubhouse. We will also be continuing meal delivery two days per week to mem-



July 4th Cookout

bers who cannot attend through the end of June.

On

Colors for Summer by Jennie

The designs they're using this summer are light blues and pinks, animal prints, and light shawls.

Sat-







urday,
July 4th,
Clubhouse will
having a
cookout
from

An Introduction to Pat Schultz

Pat Schultz is our new Assistant Director. We sat down and asked some questions to get to know her better

How did you hear about Circle City Clubhouse?

I found it online.

What did you do before?

I worked at a jail to coordinate mental health services for inmates, and before that, as a therapist at a Community Mental Health Center.

What do you like to do for fun?

Spend time with my family and shopping.

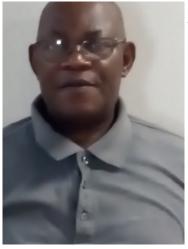
Where do you want to see the Clubhouse in a few years?

I want a lot more people to know this place exists because it's an amazing program.

What do you want us to know about you?

I enjoy being with people. I try to find something positive in every day. Humor is very important to me

Interview with Jacob Ifabiyi



Jacob came to the US in 1979. He attended the University of Arkansas Little Rock. Jacob has a marketing degree from there. He studied Social Work at Tennessee State University. He's married with five children. His youngest is 20 years old and he has three grandchildren. He loves the clubhouse because it is all about helping people to help themselves.

JUNE 2020

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| 1:15 pm Afternoon Meeting 3:00 pm Program Meeting 9:15 am Morning Meeting ing 1:15 pm Afternoon Meeting | 9:15 am Morning Meet- ing 1:15 pm Afternoon Meeting 3:00 pm Program Meeting | 9:15 am Morning Meeting 1:15 pm Afternoon Meeting 3:00 pm Program Meeting | 9:15 am Morning Meet- 2 ing 1:15 pm Afternoon Meeting 3:00 pm Program Meeting | Monday |
| 1:15pm Afternoon Meeting 2:00pm Employment / Education Meeting 9:15 am Morning Meeting 1:15pm Afternoon Meeting 1:15pm Afternoon Meeting | 9:15 am Morning Meeting 1 1:15pm Afternoon Meeting ing 2:00pm Employment / Education Meeting | 9:15 am Morning Meeting 1 1:15pm Afternoon Meeting ing 2:00pm Employment / Education Meeting | 9:15 am Morning Meeting 1:15pm Afternoon Meeting ing 2:00pm Employment / Education Meeting | Tuesday |
| 1:30pm House Meeting | 17 9:15 am Morning Meeting 1:30pm House Meeting | 10 9:15 am Morning Meet- | | Wednesday |
| Meeting 11:30 am Speaker's Bureau 1:15pm Daily Meeting | 18 9:15 am Morning Meeting 11:30 am Speaker's Bureau 1:15pm Daily Meeting | 9:15 am Morning Meeting 11:30 am Speaker's Bureau 1:15pm Daily Meeting 2:00pm Social Rec Meeting | 9:15 am Morning Meeting 11:30 am Speaker's Bureau 1:15pm Daily Meeting | Thursday |
| 1:15pm Daily Meeting ing | 7 | 9:15 am Morning Meeting 1:15pm Daily Meeting | am Morning Meeting m Daily Meet- ing | Friday |
| | 20 | - 3 | <u>ი</u> | S |
| Closed | Closed | Closed | Closed | Saturday |
| 20 | 21 | 14 | | S |
| Closed | Closed | Closed | Closed | Sunday |

3:00 pm Program
Meeting

Education Meeting