

New Member spotlight: Jason H.

How did you find out about clubhouse?

-From my staff members.

What were you doing before clubhouse?

-Not much. Playing video games.

What is your favorite thing about clubhouse?

-To help with snack shop. I like it because it is fun.

Would you recommend Clubhouse to others?

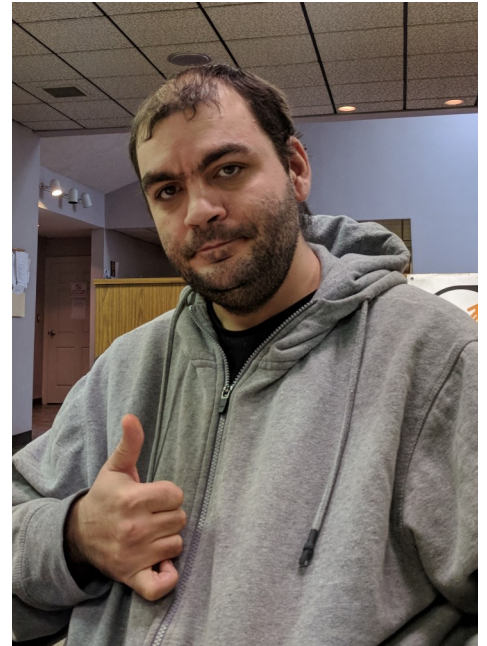
-Yes. It gives you something to do, it gets you out of the house and keeps you from dwelling on your illness. It is better than sitting around.

What else should people know about you?

-I'm kind and generous.

What is your favorite unit to work in?

-I like both.



My name is Mary



I'm new to Clubhouse. I really enjoy coming here. I've already made a lot of new friends. Everyone is really nice. Coming to Clubhouse helps me fill my time. There are a lot of things you can do here. I enjoy answering the phone and doing outreach. You can buy breakfast or lunch. The food is prepared by members and is pretty good.

Attn: Circle City Clubhouse Member Recipients of SSI and SSDI

Starting in January of 2020 there will be an increase of income of 1.6% on our cost of living adjustment or COLA (approximately 16 dollars) on your SSI and SSDI checks. This is based on the increase in the Consumer Price Index (CPI-W) from the third quarter of 2018 through the third quarter of 2019. This can be both good or bad news depending on adjustments in rent, other living expenses, etc. Enjoy your raise!



Thrift Store Update

The thrift store is open from 10 am-11:30 am. We have a lot of nice winter clothes. We have a variety of sweaters, coats, winter hats, etc. Our prices are very affordable. We were able to get new shelving including racks, a shelving unit, and a display table thanks to a generous donation. If you like organizing and want to develop your customer service skills, we could also use your help.



Do you have gently used winter clothing you are looking to donate?

The thrift store is set up for winter clothing and could use donations of jeans, sweaters, sweat-shirts, hats, gloves, scarves and coats. If you are interested in donating, please e-mail Circlecityclubhouse@centralindianclubhouse.org

or call (317)260-8058.

Board of Directors Search



Jay and Sevelle went in search for members to be on the Board of Directors. The Board of Directors are members and people in the community who have compassion for the overall financial health of the Clubhouse as well as aiding the Clubhouse Director and

Assistant Director and keeping up with the overall function of the Clubhouse. We were very successful and approximately seven people showed interest in being on the Board of Directors with two being very interested!

The search for Board Members was at NEWFIELDS, (formerly the Indianapolis Museum of Art) and there were approximately 80 non-for-profit organizations there. We were very proud to represent our Clubhouse!

If you're a member who wants to be on the Boards of Directors you must be an active member and go through Clubhouse training or visit at least another Clubhouse for one week and learn about the overall function of the Clubhouse there and then bring information back to Circle City Clubhouse that may be able to help us here. You are voted in by the members here at Circle City Clubhouse after submitting a paragraph on how you can benefit the Clubhouse. There is a three-year, two-term time limit to be on the Board. If you're interested, talk with the Executive or Assistant Director here at Circle City Clubhouse. See you on the Board!

WANA Fundraiser



Thank you to all those who attended and encouraged others to attend our We Are Not Alone fundraising breakfast on November 12. We were amazed that so many were brave enough to come out into the frigid cold on that day to help support your clubhouse. We had 75 people attend the event despite the weather. Through your efforts, we were able to raise just over \$22,000.00 in a day of donations and new ongoing

pledges, with some further donations on the way from some folks who were not able to attend. Almost two thirds of those who donated to Clubhouse at the W.A.N.A. event did so for the first time. Thank you again for all your help in building awareness and raising money for Circle City Clubhouse!

Glow Golf at Circle Center Mall

Daniel- It was marvelous! On the 17th hole I hit a hole in one! And then on the last hole, John won a prize on the 18th hole when he made it in one shot. It was really cool to see everything glowing in the dark. John won but I didn't keep score. I had a great time there.

Jason- It was really fun to go to the mall, I had a great time. I walked around looking at different stores and it was really busy. I enjoyed the food court, especially the chocolate shake I got from Chick Fil-A.

Evan- I had a great time at the mall even though I got 2nd place to John B. at mini-golf. They upgraded their course to make it more challenging and fun. I always like checking out the food court because of their smorgasbord of different options. I had some authentic Mexican chalupas.

John- Everyone had a great time and I got a hole in one on the 18th hole. It was fun to be a champion at Glow Golf!



Affirmations

This month we are including some affirmations to recognize those in our Clubhouse that have stood out to us.

Thank you to Sevela for making me feel so welcome at Clubhouse.

-Mary P.

Thank you to Damon for always having a smile on your face.

-Rusty S.

Shout out to Peter for your hard work.

-Dave S.

Shout out to Lindsay for all your hard work with Medicaid related paperwork and all you do for Clubhouse.

-Sevela P.

Thanks to Rusty for being a good friend who makes me smile.

-Damon

Thank you to Chuck for all your dedication to Clubhouse, your hard work on the Newsletter and your work with attendance tracking.

-Peter

I'm thankful for Paul for being so generous.

-Steadmon

Shout out to Mary, Jolly, Richard, Steadmon, Joseph T., Jackie and Jason for working in the thrift store.

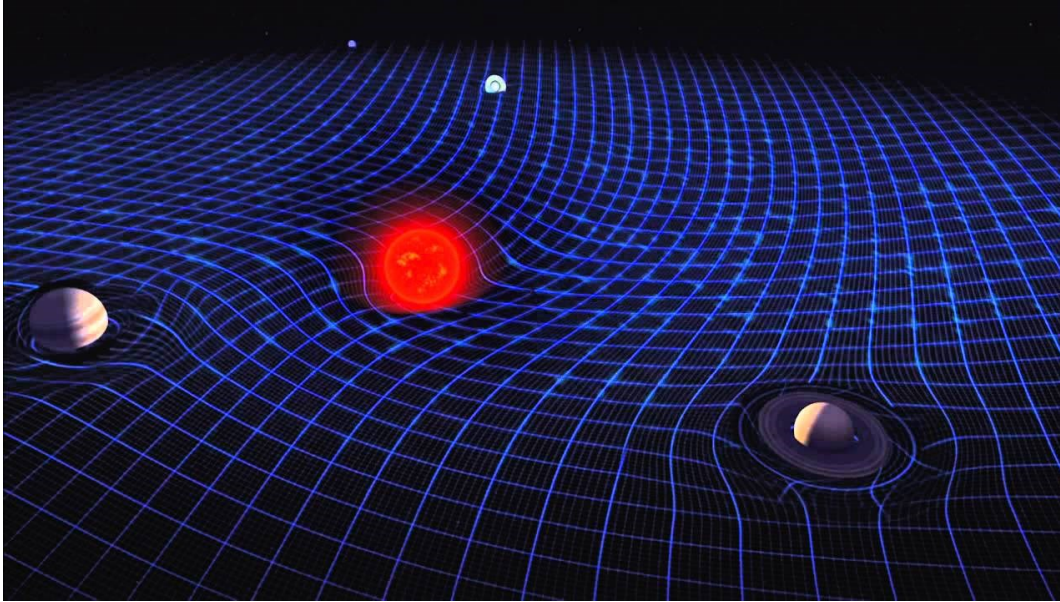
-Marissa

I'm thankful to the staff for being proper and respectful with members.

-Anonymous



“The fabric of time and space is falling apart”



A clubhouse member said this to me not five minutes ago, and I'd like to say maaaaannnn it's all in your head. The feeling of your world falling

apart is not new to anybody. A staff member responded by saying “if that's true, it would explain a lot.” I don't really agree with it. I think time doesn't exist. So how can it be falling apart? Space is just relative to where you are and if it's really falling apart HOLY CRAP WHY AM I WRITING THIS ARTICLE I SHOULD BE WITH MY FAMILY. But to my friend I would say, time is a social construct, meaning it's not real, it doesn't matter and there is no need to try and measure it. We all created the meaning of time as a species and it's all wrong like really the year is 2019? FALSE. We're in the fifth millennium if we're going by how long humans have been making history, like who told you it was 2019? Jesus? Not to mock anyone's beliefs but no, it's about 5031. Religion doesn't decide how long we've been here on this planet or any planet for that matter. Space and time are not JUST relative to earth. So why would you think that time and space are falling apart? It has nothing to do with us we just exist here. I'm sorry you feel that way though, as if your universe is crumbling around you. I feel that way sometimes. All I can really do is hope my head stops throbbing with the questions of the universe so I can actually try to exist in it. This feeling that the universe is unfolding at the seams is not new to us mentally-ill people. All we can do collectively is try to live our best life. Time and space are not falling apart they're just being built.

-Anonymous