

NEWSLETTER

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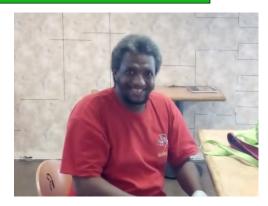
4141 Office Plaza Blvd. Indianapolis, Indiana 46254 317-260-8058 Circlecityclubhouse@centralindianaclubhouse.org

Highlight Victor

Victor has been attending Circle City Clubhouse for approximately 1 month and has the following to share:

How did you hear about the Clubhouse?

It was a case manager. She brought me out here to give me a tour."



What did you do before you started coming to Clubhouse?

"I kept my appointments and just stayed in my apartment. Waited for them to have something to do – get groceries or something, do laundry, wait for my next doctor's appointment."

What do you think about Clubhouse?

"It's just fine. I'm going to try to keep going."

We've Got New Floors!

The Clubhouse was closed for one week to take up the carpet to sand and refurbish the concrete floors underneath. They refurbishing was done in the main area of the clubhouse, the hallways leading to the bathrooms, the dining room area, the fitness area, and the snack shop area. If you're interested in seeing how they

look in person, feel free to come in when you



to come in when you can. Not only do we want you to come in to see the floors, but we want you to come and see your library, buy something at the thrift store, check on the turtle Steve, check the chickens, and to get involved with anything you want at your Clubhouse! We miss those who haven't been here in awhile and would love to see! See you when you get here.

Member Contributions

A Darkened Sky Always Turns Into A Remarkable Sunrise...



As the moody evening glow turns into complete blackness—There is a cosmic connection with nature, that provides a promise of a morning; that will slowly shine bright...

Like a "fireball" with energy and excitement that entices you to revel in the sheer beauty

Your emotions are somehow altered, by the shift of the Universe...making one feel like you can conquer the world; w/ one simple glance outside-

Revealing unmistakable, gorgeous and serene imagery a person can only imagine with their "mind's eye"...Just look into the glorious sky!!!

BY: Ms. Marilyn Ann Sexton

A Song by Timothy O.

When Papa is out drinking and cheating on momma, you 3 kids need to quit your whining and crying and buck up seize the day says momma. Come let's make a great day stop your whining and crying. Papa may never come home. So buck up and seize the day.



Saying Goodbye to Ryan W

We, at Circle City Clubhouse, would like to again give our condolences to the family of Ryan W. We attended Ryan's Memorial on Sunday, August 30th. From the beginning, his father, Joel was able to share the incredible journey of the ups and downs of Ryan's life. There were over a hundred people in attendance to pay respects to Ryan and his family.



Ryan's family, Circle City Clubhouse friends, and his group home, Great Answers 4U were all a great support to him. He enjoyed mowing the lawn and doing maintenance tasks as well as helping us cook lunch every now

Saying Goodbye to Jeffrey C.



It is with a heavy heart that we say goodbye to another member of our Circle City Clubhouse family, Jeffrey C. He passed away in his home on Sunday. Our thoughts go out to Christina C, his wife who also attends clubhouse, and Jeffrey's family. We will miss you, Jeff!

A few words from Christina: "Jeffrey was a good husband and I love him very much.

He made close friends at Clubhouse and it was like a family to him. Thank you for being there for Jeff."

We will be remembering the lives of Ryan and Jeffrey at our House Meeting on Wednesday, September 9 at 1:30 p.m. If you are feeling the loss of either Ryan of Jeffrey give us a call here at the Clubhouse and maybe we could suggest a place where you can go and get that support. We know it is hard for us to leave two members that we cared about!

Circle City Clubhouse is planning to celebrate Labor Day with a cook-out. The menu includes grilled brats/burgers, corn on the cob, and broccoli. Pat and Jay will be at the Clubhouse from 11am-3pm on Monday, Sept. 7; stop by and ioin them in a celebration of the work we do at Clubhouse.

WHY DO WE CELEBRATE LABOR DAY?

HONOR LABOR Labor Day is a time to celebrate the contributions and achievements of American workers and is traditionally observed on the first Monday in September. It was created by the labor movement in the late 19th century and became a federal holiday in 1894.

In the late 1800s, during the Industrial Revolution in the United States, the average American worked 12-hour days and seven-day weeks just to make a basic living. Children as young as 5 or 6 worked in mills, factories and mines across the country, earning only a fraction of what adults were paid. People of all ages, particularly the very poor and recent immigrants, often worked in extremely unsafe working conditions, with insufficient access to fresh air, sanitary facilities and breaks.

As manufacturing increased, labor unions became established and more vocal about poor working conditions. They began organizing strikes and rallies to protest poor conditions and compel employers to renegotiate hours and pay.

On September 5, 1882, 10,000 workers took unpaid time off to march from City Hall to Union Square in New York City, holding the first Labor Day parade in U.S. history. Following this march, Congress passed an act making Labor Day a legal holiday in the District of Columbia and the territories. On June 28, 1894, President Grover Cleveland signed the holiday into law.

Labor Day is still celebrated in cities and towns across the United States with parades, picnics, barbecues, fireworks display and other public gatherings. For many Americans, particularly children and young adults, it represents the end of the summer and the star

*We do not have dates set for Social Recreation Activities for the weeks of September 13-19 and September 20-26. A survey has been posted to Facebook under Library Survey requesting feedback for best times.

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9:15 am Morning Meeting 1:15 pm Afternoon Meeting 3:00 pm Program Meeting	9:15 am Morning Meeting 1:15 pm Afternoon Meeting 3:00 pm Program Meeting	9:15 am Morning Meeting 1:15 pm Afternoon Meeting 3:00 pm Program Meeting	Labor Day Cookout @ Clubhouse 11 am-3pm Staff: Jay & Pat	
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	9:15 am Morning Meeting 11:30 am Speaker's Bureau 1:15pm Daily Meeting	9:15 am Morning Meeting 11:30 am Speaker's Bureau 1:15pm Daily Meeting 2:00pm Social Rec Meeting	9:15 am Morning Meeting 11:30 am Speaker's Bureau 1:15pm Daily Meeting	9:15 am Morning Meeting 11:30 am Speaker's Bureau 2.95pm Daily Meeting
	25	18	<u> </u>	4
	9:15 am Morning Meeting 1:15pm Daily Meeting 5-7 pm Karaoke Soc Rec w/ Marissa @ Clubhouse	9:15 am Morning Meeting 1:15pm Daily Meet- ing	9:15 am Morning Meeting 1:15pm Daily Meet- ing	Polo on the Prairie Hickory Hall Polo Club 6pm-9pm
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