

New Member Spotlight: Tommy C.



Before coming to Clubhouse, I spent a lot of time playing games on my phone, watching movies, listening to music and cooking. I came to the Clubhouse to meet new people, make friends, learn new things. I would absolutely recommend clubhouse to other people. My sister is even considering coming!!! I am just glad that I no longer feel like an outcast and a loner.

Mobile Outreach: Visiting John J.



Some of the Members from Clubhouse went out into the community to visit another member who had not been able to attend recently. Your Clubhouse regularly tries to visit any of our members who are unable to attend during the work-ordered day for whatever reason.

If you would like to be added to our mobile outreach list, please call your clubhouse and let someone know and a group of your friends and colleagues will come visit you as soon as possible. Here is what one of the members had to say about their visit to John J.

Austin— It was enjoyable. It was good to see him. We gave him a card to let him know he is missed. I am looking forward to going on another Mobile outreach.

CCCH Goes to the Fair



On August 13th 2019, in keeping with their yearly tradition, Circle City Clubhouse went to The Indiana State Fair. We had a group of more than a dozen attend the fair to enjoy the day's festivities with each other. We walked around the fairgrounds to partake in the various tasty food options on offer from the numerous vendors. There were rides to be enjoyed and activities to participate in. It was a hot and steamy day yet everyone

seemed to truly enjoy themselves and the opportunity to enjoy some recreation with their Clubhouse family. Here is what some members had to say about their experiences at the fair.

John B.- Evan and I had a great time at the fair. First we walked around the full circle of the fairgrounds to see everything. Then we played miniature golf at one of the barns. After I whooped him in mini-golf we went on three rides together on the Midway. My favorite was a ride that looped around and then spun you really fast and hung you upside down. Julie got all nauseated from riding that ride, I felt bad for her but I had a great time.

Damon G. – Kim drove us to the fair. I spent most of the time walking around by myself. I got some good food with some of the members and staff. I got some coffee and saw a live band and it was good. There was

a talented flute player whom I enjoyed listening

to. That was my favorite part. I look forward to going again next year.



Nathan S.- I went to the Fair two days in a row. The day I went with Clubhouse, Daniel, Wade, John B. and Julie and I walked around and looked at all the exhibits and events. We saw the honey display at one of the display halls. My favorite things were eating the food and seeing the animals. My favorite thing to eat was chili fries. The little pigs were my favorite animal to see. Julie and I had a good time trying to find her car at the end. I'm looking forward to going next year so I can eat more food!

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State Fair- Continued

David F. – I liked looking at the sights. There were a lot of people there. I enjoyed seeing the people in uniform. My favorite thing to eat was a hamburger and fries with cheese. It was fun to walk around and see the vendors though I didn't ride on any rides. I looked into seeing about registering to vote. I had fun and look forward to going next year. I talked to some of the people about being in the military.

Meet Me At Clubhouse

This is our second year doing Meet Me at the Clubhouse and we want to ask you to come to see what we do at the Clubhouse. Feel free to bring friends or family with you. We will only take up one hour of your time. We hope we see you at the Clubhouse soon! Here are the upcoming dates for September 2019:

September 11th: 8:00 - 9:00 AM

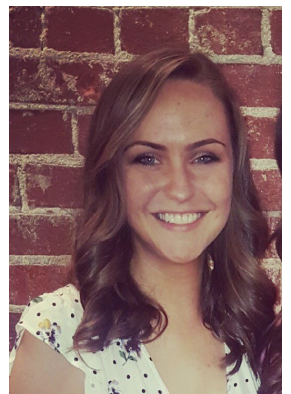
September 25th: 4:00 - 5:00 PM



DCS Conference

We are very proud to say that Lindsay spoke at a DCS conference and represented Circle City Clubhouse very well! Here is what she had to say about the conference.

“I had the pleasure of speaking at the Department of Child Services Resource and Adoptive Parent Training conference on Friday, August 16, 2019. I was invited to speak on how to work with youth who have attachment disorders. There were 95 people in attendance for my speech, and I spoke for 90 minutes. I was nervous, but it helped that so many of my colleagues at Clubhouse were excited for me and supportive of the endeavor. Thank you everyone for supporting me through the planning process. It meant a lot to me and I am proud to say I was able to get through it.”



The views and statements in the opinion articles do not necessarily reflect the opinions and views of Circle City Clubhouse.

He specifically exempted—guns! His exact words, uttered publicly, were, “Mental illness and hatred pulls the trigger, not the gun.” However, the last several mass shootings have been perpetrated by people with no record of mental illness. And yes, while consumed by hate, these mass shooters have shared a very specific form of hate—a right-wing, anti-Jewish, anti-black, anti-immigrant and pro-Trump form of hate. From Dylan Roof right up to the El Paso shooter, who confessed to the cops he opened fire at the Walmart in El Paso specifically to kill people of Mexican descent. And not even Trump can deny that! But no. Instead of manning up to his own hateful and divisive rhetoric, Trump prefers, as he usually does, to find a vulnerable scapegoat. In the wake of the El Paso, Dayton massacres, it’s “video games” and that old standby, “mental illness” and the “mentally ill.” Yes, we, the “mentally ill” are the ones responsible, because we are drooling psychopathic monsters! Not the NRA, which opposes any reasonable gun control whatsoever; not the ability to buy legally military-style semiautomatic assault weapons designed for one purpose—to kill significant numbers of people in one burst. Not a paranoid Old West mindset that views guns and their ownership as synonymous with freedom and the American Way of Life, that insists on having the ability to purchase them with even fewer restrictions than are needed to buy a six-pack of beer! And once again, the “mentally ill” become easy prey, readily available scapegoats, for this deeply rooted societal malaise. We’re supposedly responsible, we who’ve sought and seek psychiatric help, we who’ve been psychiatrically hospitalized, we who gather in places such as the Clubhouse to work together on our full mental health recovery. We, we, we, are responsible! We, and, of course, video games. But never, ever, the divisive, hateful, anti-immigrant, antiblack and Latino, anti-refugee, rhetoric spewed out with sickening regularity by the Orange Carrot masquerading as President in the White House! Fellow mental health consumers, this isn’t the first time we, the “mentally ill” have been scapegoated for societal ills, and unfortunately it won’t be the last. We must be aware of the bigotry that awaits us wherever we go, how it will be animated on any pretext whatsoever, and we must educate the public and fight back accordingly. We must enlist the Clubhouse and all other institutions that serve the mentally ill to openly and honestly fight back. And realize, and make others realize, it is not we, those with “mental illness,” who are squeezing the triggers of those weapons utilized by the right-wing hateful to massacre innocents. We are but innocent victims also of El Paso and Dayton; this time, victims of irresponsible, inflammatory rhetoric coming out of the mouth of the Orange Carrot in the White House. And echoed so sadly by others who should know better, but don’t. Fellow mental health consumers, we must be prepared to fight back—lest we also end up as more victims of El Paso and Dayton.

Indiana State Fair



This year three Clubhouse members worked at the Indiana State Fair in August. They were Chuck, Ian and Robert. We were very happy for them because they achieved their goal and we want other members to achieve their work goals as well. If you have been working,

please let us know. We would love to put your name in the Newsletter! Here is what Chuck and Robert had to say about working at the Fair:

Chuck: "I thought it was fun and I had a good time. I got to see all my friends."

Robert:

"I worked during the whole state Fair. I worked for deep fried candy bar stand. I helped with everything, moving from stand to stand helping out where I could. It's not fun it's work to me. It is a lot of work. I'm working 2 fairs. I'll help with another fair in South Carolina in October."



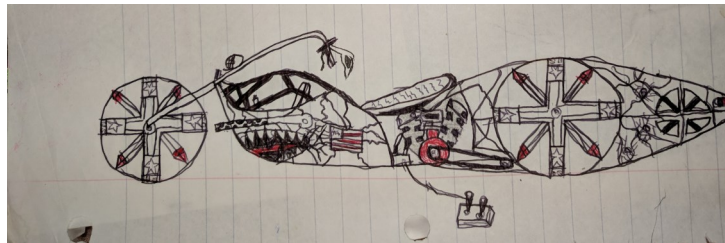
Collecting Cars with Fobo



I started with a power wheel when I was a kid. When I got into elementary school I just kept drawing cars. Chevy is my favorite car brand. If it isn't GM I'm not buying it. My favorite



car is the 1972 Chevrolet Chevelle SS. They are awesome cars. It comes with a 454 but I'd swap it out for a 572 big block. People say I have a death wish but I just want to go fast. I have a 1970 Chevelle model and a Hot Wheels die cast in my collection. I like to draw pictures of the cars in my collection and of some of my favorite cars. I think Clubhouse should go to the Ray Skillman car museum in Greenwood as a Social Rec. These are some of the cars I've drawn. drawing for years. your favorite draw-know.



I have been Which one is ing? Let me

L.I.F.E—Update



LIFE Unit has been busy over the past season working through some projects. We've been watering, weeding, and taking care of our garden, which has tomatoes, squash, beets and lettuce. We've also been organizing the thrift store and sorting



through clothes. We also have a library which we are trying to equip with materials to help members work toward their educational goals. Would you like to help us out? We could use your help!

