

Member Spotlight: Robert



How did you find out about Clubhouse? “Adult & Child connected me to the Clubhouse.”

What did you think about your first day at CCCH? “I loved it the first day. It got me out of where I was at. I got to do something productive.”

What were you doing before Clubhouse? “I was cooped up doing nothing. I was depressed.”

What do you like about Clubhouse? “I like that it is getting me out of myself. Getting me doing things that are productive.”

Would you recommend Clubhouse to others? “Yes. Right now I’m trying to get some folks who live with me to come to the Clubhouse.”

What do you want people to know about you? “I think I’m a nice person. I like running, just try to stay active. I like playing pool. I like helping people if they’ll listen.”

A.T.N. Update

A.T.N. has been keeping busy with kitchen work. We plan the meals, look up recipes, and order groceries. We cook and cut vegetables to prepare for meals. We have a wellness initiative which includes healthy meals and a walking group. We prepare food for the Meet Me at the Clubhouse event and are finalizing plans for food for the Anniversary Open House Celebration. We keep a clean and safe environment by sweeping, mopping, washing dishes, and taking out trash. We run the snack shop, including keeping inventory and running the cash register.



Job Updates and Transitional Employment (TE)

We are proud of all of our members pursuing employment. Employment is one of the best ways to find meaning and purpose on your way to recovery. Here are some examples of Clubhouse members experiences with employment. Thank you from Circle City Clubhouse to all our supporters who have helped make Supported and Transitional employment programs possible with their generous donations.

Darryl TE job



Darryl started his TE position on January 22nd. He is working at Ivy Tech for Sodexo. Here is what he said about the position.

“I like the job. I like walking around the school. I work at Sodexo at Ivy Tech. I found out about the job from Clubhouse employment meetings. They needed a TE position filled working at the cafeteria.”

Rickey at Goodwill



“I work at Goodwill Industries. I’m a floater. I can do most anything. I mostly do pm donation attendant from 3pm-9pm. I’m also a job recruiter and I have good people skills, so I can go out into the community and connect people to jobs. I can also be a community spokesperson, so I can go to different group homes and help people get jobs. I’ve done that for people who live where I live.”

Goodwill job: Erika



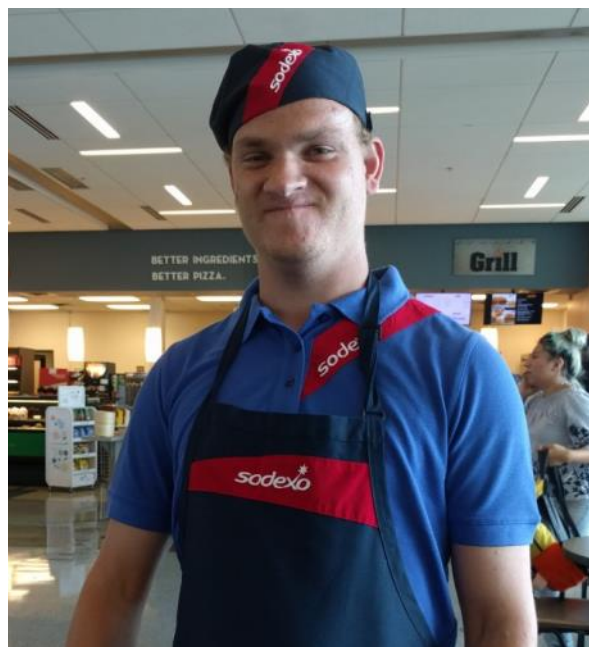
"I started my job at Goodwill last Monday. I clean tables in a classroom Monday through Friday. The time that I work is 3:30 pm to 7:30pm. I take the bus there and back. It makes me feel good to have the job. I overcome my mental illness by cleaning tables, and it calms down my anxiety. I'm glad I get to go to work and still have time to go to clubhouse during the week. I don't have that many appointments at Midtown. I used to have trouble learning the bus route but it's easier now than it was at first. I love having the job and I take pride in it too! I am glad to be in the newsletter. I got my job at Vocational Rehab and Dale is my job coach at Midtown."

Jennie's job update



"I still like my job. I clean and organize clothes, shoes and purses. Art and Design has always been one of my passions: it sticks. TJ Maxx is a friendly environment."

TE Graduates



Congratulations to Dave for his hard work and dedication while completing his TE employment position. Dave graduated from the TE program in December and is continuing to work toward his next opportunity.

Meet Me at the Clubhouse

This is our third year doing Meet Me at the Clubhouse and we want to ask you to come to see what we do to help mental-health consumers in the Indianapolis area. Feel free to bring friends or family with you. We will only take up one hour of your time. I hope we see you at the Clubhouse soon! Here are the upcoming dates until May 2020:

WED March 11th: 12:00 PM - 1:00 PM

WED March 25th: 4:30 PM - 5:30 PM

WED April 8th: 12:00 PM - 1:00 PM

WED April 22nd: 8:00 AM – 9:00 AM

WED May 13th: 12:00 PM—1:00 PM

WED May 27th: 4:30 PM—5:30 PM



V.O.L.C.A.N.O.E.S. Update



This month V.O.L.C.A.N.O.E.S. have been preparing for the 5 Year Anniversary Open House Celebration. We are organizing the talent show, including outreach, planning and practicing. We are working on outreach calls and continuing to update the outreach spreadsheet. The thrift store open hours have shifted to an as-needed/as-requested basis. Our thrift store is in need of new men's socks and underwear, as well as used/new black shirts and jeans.

As many of you know, we continue to work on outreach calls, cards & emails. If you are not receiving outreach calls and want to be reached, please contact us and update your contact information.

V.O.L.C.A.N.O.E.S. Update (Cont'd)

V.O.L.C.A.N.O.E.S. also continue to develop the library. We would really appreciate some feedback about which direction our library should be heading. We have conducted a survey about suggested library improvements. Your input is needed though. Please come in and/or check our Facebook page to fill out the survey.

According to various sources "V.O.L.C.A.N.O.E.S. continue to be the best team at Clubhouse." We sent out invitations to our Anniversary Open House occurring Wednesday, March 4th from 3-7 pm. If you did not receive one please call or email your Clubhouse (circlecityclubhouse@centralindianclubhouse.org) to update your contact information. Rest assured, everyone is invited and it will be a great event with tours, food, talent show, slide shows, member testimonials and more! We also recently cleaned and organized our unit area in preparation for the Meet-Me events on February 12th and 26th. They were a great success! Shout-outs go to all who helped make the event great, especially A.T.N for a wonderful meal.

Super Bowl party



Chuck- I thought it was good, the super bowl party plus my team won.

Jason- I had a good time and the food was good.

David- there could have been more people

Scott- I enjoyed the super bowl and enjoyed great company and great food and I knew the 49ers vs chiefs was going to happen.

Matthew- I enjoyed it a lot, it was fun and tons

of action.

Daniel- I enjoyed the game I wanted the chiefs to win. But I had a bad idea that the 49ers had a chance to win. I also enjoyed my pizza and Pepsi

Johnny- It was nice. I liked the pizza party. I got front row seats. They had some good pops.

Lewis- The Super Bowl was fun. I liked the half-time show.

Michelle- I liked seeing old friends.

Christiana- It was a good time with good food.



MARCH 2020

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday
2	9:15am & 1:15pm Daily Meetings 2 PM Program Meeting	3	9:15am & 1:15pm Daily Meetings 10 am Speakers bureau 2:00 pm Employment meeting	4	9:15am Morning Meeting 1:30 pm House meeting OPEN house Anniversary 3 pm-7 pm	5	9:15am & 1:15pm Daily Meetings 12:30 pm meal planning	6	9:15am & 1:15pm Daily Meetings 2:00 pm Education meeting	7	Closed	8	Closed
9	9:15am & 1:15pm Daily Meetings 2 PM Program Meeting	10	9:15am & 1:15pm Daily Meeting 10 am Speakers bureau 2:00 pm Employment meeting	11	9:15am Morning Meeting 1:30 pm House meeting Meet me @ the clubhouse 12—1 PM	12	9:15am & 1:15pm Daily Meetings 12:30 pm meal planning 1:45 pm social rec. planning PONDEROSA 5pm-7pm	13	9:15am & 1:15pm Daily Meetings 2:00 pm Education meeting	14	Closed	15	Closed
16	9:15am & 1:15pm Daily Meetings 2 PM Program Meeting	17	9:15am & 1:15pm Daily Meetings 10 am Speakers bureau 2 pm Employment meeting	18	9:15am Morning Meeting 1:30 pm House meeting	19	9:15am & 1:15pm Daily Meetings 12:30 pm meal planning	20	9:15am & 1:15pm Daily Meetings 2:00 pm Education meeting	21	Closed	22	Closed
23	9:15am & 1:15pm Daily Meetings 2 PM Program Meeting	24	9:15am & 1:15pm Daily Meetings 10 am Speakers bureau 2:00 pm Employment meeting	25	9:15am Morning Meeting 1:30 pm House meeting Meet me @ the Clubhouse 4:30-5:30PM	26	9:15am & 1:15pm Daily Meetings 12:30 pm meal planning BOWLING 5pm-7PM Marissa	27	9:15am & 1:15pm Daily Meetings 2:00 pm Education meeting	28	Closed	29	Closed
30	9:15am & 1:15pm Daily Meetings 2 PM Program Meeting	31	9:15am & 1:15pm Daily Meetings 10 am Speakers bureau 2:00 pm Employment meeting		9:15am Morning Meeting 1:30 pm House meeting		9:15am & 1:15pm Daily Meetings 12:30 pm meal planning		9:15am & 1:15pm Daily Meetings 2:00 pm Education meeting		Closed		Closed